

# CLL PITCHING LOG

Date of Game: \_\_\_\_\_ Team: \_\_\_\_\_ Opponent: \_\_\_\_\_

Pitcher's Name	Uniform No	League Age	Cross out the number as that pitch is thrown.																																		
			Circle the number for the last pitch thrown to each batter.																																		
			I Make a bar at end of each inning																																		
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
			36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70
			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
			36	37	38	39	40	41	42	43	44	45	46	47	48	49	50	51	52	53	54	55	56	57	58	59	60	61	62	63	64	65	66	67	68	69	70
			71	72	73	74	75	76	77	78	79	80	81	82	83	84	85	86	87	88	89	90	91	92	93	94	95	96	97	98	99	100	101	102	103	104	105
			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35
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### CLL Pitching Rules in Brief

League Age 13-16 Max 95 pitches per day League Age 11-12 Max 85 pitches per day League Age 9-10 Max 75 pitches per day League Age 7-8 Max 50 pitches per day	Players 14 and under adhere to rest rules. Days are counted from the day AFTER the day pitched. <b>NO PLAYER MAY PITCH 3 CONSECUTIVE DAYS.</b>
Having been removed as pitcher, a pitcher may not return to pitch again on the same day	<b>1-20 can pitch next day</b>
Having maxed out a threshold, pitcher may complete at-bat. If pitcher reaches another threshold during that at bat the highest threshold reached is used.	<b>21-35 must have 1 day rest</b> <b>36-50 must have 2 days rest</b> <b>51-65 must have 3 days rest</b> <b>66 or more must have 4 days rest</b>
<b>Pitcher who delivers 41 or more pitches cannot catch in that game. Catcher catching more than 3 innings (1 pitch in 4<sup>th</sup> inning counts as an inning) cannot pitch in that game.</b>	